

Terms of Acceptance to Physical Medicine, Joint Manipulation, and Manual Therapy

Please read this entire document prior to signing. It is important that you understand the information it contains. Please feel free to ask questions and to review any information if anything is unclear.

- As part of your analysis, examination, and treatment, you are consenting to the following procedures

Spinal Manipulative Therapy	Orthopedic Testing	Motion Palpation
Muscle Strength Testing	Vital Signs	Active Release Techniques (ART)
Muscular Palpation	Cold Laser	Radiographic Studies
Electrical Stimulation Therapy	Postural Analysis	Kinesio Taping Therapy
Hot/Cold Therapy	Trigger Point Therapy	Graston Soft Tissue Treatment
Myofascial Release Therapy	Range of Motion /Neurological	Medical Acupuncture
Extremity Joint Manipulation	Testing	

- The material risk inherent in Active Release Techniques/Myofascial Release Therapy/Graston Soft Tissue Treatment
Active Release Technique (ART) is a hands-on soft tissue treatment method. You will physically move the region of the body getting worked on through active ranges of motion. ART may be uncomfortable in some regions of the body (like the burn experienced while lifting weights) and may produce soreness post-treatment for up to 1-3 days.
 - The nature of spinal/extremity joint manipulation
After a full evaluation of your condition, the doctor may make the decision that manipulative therapy would be beneficial to assist your recovery. If joint manipulation is used the doctor would use his hands in such a way as to move your joints to restore range of motion, proper function, and reduce the perception of pain. You may feel a click or pop, similar to someone cracking their knuckles, and you may feel the movement of the joint.
 - The material risk inherent in joint manipulative therapy and ancillary procedures
As with any health care procedure, there are certain complications which may arise following joint manipulation therapy. These complications include but are not limited to: fractures, disc injuries, dislocation, muscular strain, or cervical myelopathy. Some types of manipulation of the neck have been associated with injuries to the arteries of the neck leading to or contributing to serious complications including stroke. Some patients will feel some soreness and stiffness following the first 24 to 48 hours following their first and/or second treatment utilizing joint manipulation. Your doctor will make every reasonable effort during the examination to screen for contraindications to care; however, if you have a condition that would otherwise not come to his attention, it is your responsibility to inform him.
 - The probability of those risks occurring
Fractures are rare occurrences and generally result from some underlying weakness of the bone which is checked for during the taking of your history and during examination and x-ray. Stroke has been a subject of tremendous disagreement. The incidences of stroke are exceedingly rare and are estimated to occur between one million and one in five million cervical manipulations. The other complications are also described as rare.
 - The availability and nature of other treatment options
Other options for your treatment may include: Self administered, over-the-counter analgesics and rest; Medical care and prescription drugs such as anti-inflammatories, muscle relaxants and painkillers; Hospitalization or Surgery. If you choose to use one of the other treatment options, you should be aware that there are risks and benefits of such options, and you may wish to discuss those with your primary care physician or specialist.
 - Procedures you would like excluded from your treatment
If there are any procedures previously listed that you would explicitly request not to be employed in your treatment please list these below. We will gladly employ other treatment options in an attempt to reach the same results.
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- The risks and dangers of remaining untreated
Remaining untreated may allow the formation of adhesions and reduced mobility which may set up a pain reaction further reducing mobility. Over time this process may complicate treatment making it more difficult and less effective the longer it is postponed.

Patient Signature

Date